



Ronald McDonald  
House Charities®  
Madison

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## Welcome Bags

*Upon arrival, families could be feeling nervous or disoriented. These bags provide some needed items to welcome them to this home-away-from-home.*

### Toiletries:

Fragrance-free lotion

Individual packed face towelettes

Mini hand sanitizer

Lip balm

### Fun for the Family:

Other small card games

Puzzle books (crossword, sudoku, etc.)

Coloring book with a small pack of crayons

### Miscellaneous:

Refillable water bottle

Ear plugs



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## Instructions:

### 1. Gather Materials

- a. We request you plan to make at least 15 bags, but 35 bags will ensure every family at our House and Family Room locations can get one.
- b. These Self-Care Kits will be for both kids and adults, so a variety of options is appreciated.
- c. Pick an assortment of items from the list above to purchase (if you want to be creative, please email Sophia at [smelgar@rmhcmadison.org](mailto:smelgar@rmhcmadison.org) to make sure the items are helpful for the families).
- d. Items will need to be put in a bag that you provide. It could be a colorful gift bag, brown paper bag, or even a plastic zipper bag.

### 2. Stuff the Bags

- a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Snack Packs.
- b. If you'd like to learn more about RMHC-Madison while doing this, please email Sophia to request a presentation be sent to you.

### 3. Deliver to the House!

- a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags.
- b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.