



Ronald McDonald  
House Charities®  
Madison

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## Snack Kits

*Guest families are often on the go between doctor appointments and hospital visits, so these bags can serve as a delicious pick-me-up for the whole family.*

Individual bags of chips, popcorn, pretzels, cookies, trail mix, or nuts (please label packs that include nuts)

Goldfish Cracker packs

Fruit Snacks

Granola bars

Peanut butter or cheese crackers

Chocolates

Other individually wrapped candy

Small boxes of cereal



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## Instructions:

1. Gather Materials
  - a. We request you plan to make at least 15 bags, but 35 bags will ensure every family at our House and Family Room locations can get one.
  - b. Pick an assortment of 3-5 snacks from the list above to purchase (if you want to be creative, please email Sophia at [smelgar@rmhcmadison.org](mailto:smelgar@rmhcmadison.org) to make sure the items are helpful for the families).
  - c. Each snack should be non-perishable, shelf stable, unopened and individually packaged. Do not include beverages.
  - d. Items will need to be put in a bag that you provide. It could be a colorful gift bag, brown paper bag, or even a plastic zipper bag.
2. Stuff the Bags
  - a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Snack Packs.
  - b. If you'd like to learn more about RMHC-Madison while doing this, please email Sophia to request a presentation be sent to you.
3. Deliver to the House!
  - a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags.
  - b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.