

## Going Home Bags

Given to families upon check-out, these bags provide comfort and entertainment for the journey back home.

## Required Items:

- Easy, portable snacks (Goldfish crackers, fruit snacks, trail mix, granola bars, pretzels, etc.)
- Bottle(s) of Water
- A shelf-stable meal for their return (ex. Hormel Compleats, Dinty Moore Beef Stew, Velveeta Cheesy Bowls, SpaghettiOs, Box of Spaghetti and Jar of Sauce, Mac & Cheese Cups, Soup, Ramen, etc.)

## Non-Required Items (pick one or two to add some fun!):

- Fidget toys
- Color Wonder products or other mess-free art items
- Car bingo or other on-the-go games



## Instructions:

- 1. Gather Materials
  - a. We request you plan to make at least 15 bags, but 35 bags will ensure every family at our House and Family Room locations can get one.
  - b. Pick an assortment of items from the list above to purchase (if you want to be creative, please email Sophia at <u>smelgar@rmhcmadison.org</u> to make sure the items are helpful for the families).
  - c. Please do not purchase perishable items to include in bags.
  - d. Items will need to be put in a bag that you provide. It could be a colorful gift bag, brown paper bag, or even a plastic zipper bag.
- 2. Stuff the Bags
  - a. Gather friends, family, coworkers, or peers for a meaningful time of putting together Going Home bags.
  - b. If you'd like to learn more about RMHC-Madison while doing this, please email Sophia to request a presentation be sent to you.
- 3. Deliver to the House!
  - a. We are located at 2716 Marshall Ct. Madison, WI for you to either hand-deliver or ship your bags.
  - b. If you hand-deliver, please arrive between 9:00am and 8:00pm any day of the week.